



Somewhere between ice-skating in the Caribbean, hiking in Alaska, kayaking in Hawaii, and rock climbing in the med, it hits you. This way is more than a cruise.



WHAT'S INCLUDED IN THE PRICE?

ACCOMMODATION

- ✓ TV
- ✓ Telephone
- ✓ Radio
- ✓ En-suite facilities
- ✓ Vanity area and hair-dryer
- ✓ Dedicated Stateroom attendant



MEALS

- ✓ There is a wide choice of onboard dining options:
- ✓ 24-hour complimentary room service
- ✓ Fine dining in the main dining room
- ✓ Casual dining, restaurant and buffet-style
- ✓ Pizza parlour and ice cream bar (available on most ships)
- ✓ Midnight Delight snack service or midnight buffet
- ✓ Non-stop iced water, tea and lemonade
- ✓ Private dining is also available*



SPORTS CENTRE

- ✓ Our ShipShape Fitness Centre features some of the most advanced gymnasium equipment at sea
- ✓ Stair steppers, stationary bikes, treadmills, free weights
- ✓ Elliptical machines
- ✓ Specialized aerobic/yoga classes**
- ✓ Sauna, Jacuzzi and steam room



ONBOARD ACTIVITIES

- ✓ Most onboard activities are free to use and include:
- ✓ Rock climbing walls
- ✓ Swimming pools
- ✓ Mini golf
- ✓ In-line skating track***
- ✓ Ice skating rink***
- ✓ Free books from the library



ONBOARD ENTERTAINMENT

- ✓ Most onboard entertainment is free and includes:
- ✓ Nightly performances of contemporary musical stage productions
- ✓ Live music and comedy shows
- ✓ Lectures and demonstrations
- ✓ Casino Royale
- ✓ Free admittance to the onboard cinema°



KIDS ACTIVITIES°°

- ✓ From toddlers to teenagers, our Adventure Ocean Youth Programme is unrivalled for kids.
- ✓ Age-appropriate activities for seven age groups: 6-18 months, 18-36 months, 3-5 yrs, 6-8 yrs, 9-11 yrs, 12-14 yrs and 15-17 yrs.
- ✓ Activity Centres on all ships
- ✓ Teen Centres on all ships****
- ✓ Activities include: adventure Science, Adventure Art, Sports Tournaments, Theme Parties and more



KIDS DINING PROGRAMME

- ✓ Our Adventure Ocean dining program was specially designed to accommodate your children's food requirements and incorporates
- ✓ Kids dine with youth staff and friends (offered on selected nights)
- ✓ Special menu at Windjammer Café and Solarium

ADDITIONS

- * Private dining only on Voyager, Freedom and Radiance family ships, a cover charge is applicable
- ** A charge may be made for some classes
- *** Available on Voyager and Freedom Family ships
- **** Teen Centre not available on Empress of the Seas
- ° Radiance family ships only
- °° Programme availability and content may vary by ship and sailing date

